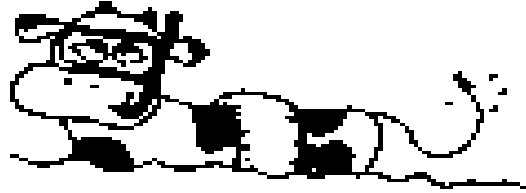


Old Farm
Swim and Dive Team
2010



This booklet contains the following information:

- **Parent reps' and Coaches phone numbers**
- **Practice times**
- **Swim Meet, Dive and Conference schedules**
- **Kickboard schedule**
- **Awards Banquet**
- **Team suit information**
- **Team photo information**
- **Directions to away meets**
- **Descriptions of parent work duties**
- **Fundraiser Information**

Welcome
2010 Swim / Kickboard Team

The Old Farm Swim and Kickboard teams look forward to another fun filled year. Please keep this informational packet handy for future reference. This information is also posted on www.oldfarmstates.org, under the Swim Team link.

Phone Numbers

Old Farm Pool: 878-9445

Swim Coach: Michele Tischer 434-6307 abrwt@charter.net

Swim Parent Reps: Beth Huebner 514-0906 huebnerb@umsl.edu
Annette Polzin 453-0589 mapolzin@sbcglobal.net

REQUIREMENTS

- Attendance at 3 meets is required to participate in conference.
- If one of your children must miss a swim meet, please provide written notice to the coach by THURS of the previous week. Line-ups for the following week are finalized by each Friday am. Last minute changes can and will negatively affect other swimmers.
- Attendance at practices is strongly recommended - notify the coach if regular attendance is not possible.
- Swim Parents must complete 3 work duties, a conference work duty (if your child swims at conference) and a fundraiser duty, details can be found later in this booklet.

Daily Morning Practice Monday through Friday, from June 2nd –July 16th

Swim 10 and under	8:45 -9:45am
Swim 11-18	10-11am
Kickboard	11-11:30am (M/W/F)

Kickboard practice

M/W/F starting June 14th – July 9th 11:00 -11:30 am

Evening Swim Practice -

SWIM	Tues/Wed/Thurs 5:30-6:30 (from Tues June 2 rd -Thurs July 10 th)
Kickboard	Tues/Thurs 6-6:30pm (from Tues June 15 th –Thurs July 8 th)

Evening practice is available to those who cannot make am practice due to summer school or other daycare arrangements. You must sign up for evening swim practice at registration.

Swim Meet Schedule

Warm-ups at 4:50p at home meets, 5:00p away. Meets begin at 5:30p

Monday, June 7	Creve Coeur Racket Club @ OFE	Home
Monday, June 14	OFE @ Chesterfield Athletic Club	Away
Monday, June 21	OFE @ Bridgeton	Away
Monday, June 28	River Bend @ OFE	Home
Tuesday, July 6	Seven Pines @ OFE	Home
Monday, July 12	OFE @ St. Ann	Away

Swim Conference

Saturday 7/17 @ Bridgeton

Meet will be run as a traditional event.

Sunday 7/18 Rainout date

Kickboard

Pre-swim team activities for children ages 3-6. Older swim team members and coaches will assist children in adapting to water and acquiring skills.

The Kickboard Team will swim a FUN RACE prior to our home meets on June 28 and July 6 at 5:20 pm.

Awards Banquet

Monday July 19 at 6:00 p.m. at Old Farm swimming pool. All kickboarders, swimmers and their family members are invited. More information will be handed out at a later date.

Team Suit (Optional)

This will be the 2nd year we wear our suit "Purple Galaxy Recordbreaker" available at B & B Aquatics. Two Locations:

1163 Colonnade Ctr. 1747 Clarkson Rd.

Des Peres, MO 63131 Chesterfield, MO 63017

314-821-SWIM 636-519-SWIM

Team Photo

Team and individual or group photos will be taken June 28 at 3:00p.m at the pool. This year the team photo will be taken first, so please be on time.

Directions to Swim and Dive Meets

BRIDGETON: 4201 Fee Fee Rd. 314-739-5329

270 to I-70 E towards ST. LOUIS. Take exit 234 East St. Charles Rock Rd. Bear right onto ST Charles Rock Rd. Turn left onto Fee Fee Rd. Pool is on the Left hand side (15 minute drive)

Club at Chesterfield (CAC): 16625 Swingley Ridge Dr. 636-532 9992

Olive to Chesterfield Parkway, turn right(north). Take to Swingley Ridge Dr., turn right into Doubletree Hotel.

Creve Coeur Racket Club: 12691 Conway Rd (314) 434-0344

Take Olive East to Mason. Turn Right. Turn Left onto Conway Road. The Racket Club is on the Left.

RIVER BEND: 180 River Valley Dr. 314-878-9462

Take Olive west to River Valley Dr. Turn right. Continue about 4 block through the sub-division. Pool is on the right hand side.

Saint Ann Pool: #1 Community Center Dr. 63074 314-429-4545

Take 270 North toward Chicago. At exit 20B-A, take ramp right for I-70 East toward St Louis. Take exit 234, SR-180 / St Charles Rock Rd. Take a right onto St. Charles Rock Road. Turn left onto Community Center Dr. Community Center and pool are on the right. (12 miles, 16 min drive)

SEVEN PINES: Seven Pine Dr. 314-878-9596

From the sub-division take Greenbough to Hasbrook. Turn right. Hasbrook to Seven Pines Dr. Turn Left .36 miles turn left into the swimming pool drive.

FUNDRAISERS – Swim Team

The Swim Team expanded our fundraisers in 2009 and raised over \$3000! We did this primarily through our concession stand, Sponsorship sales and the OF Swim Team Garage Sale.

We are using this money from last year once again to minimize any increases in swimmers fees and to fund coach's salaries. In addition we also gave generous donations to the Old Farm Pool Committee to purchase additional pool deck furniture.

In addition to your 3 meet duties, we are asking each parent to choose one of the following:

“NON-Meet” Work Duties for FUNDRAISING – 4th work slot - select one or more:

- 1. Sell one “Sponsorship Banner” (see below)**
- 2. Work to set up and/or help run the Swim Team Garage Sale (see below)**
- 3. Donate 2 cases of soda or water, or one case of Gatorade (24 count or greater) for concession stand sales**
- 4. Buy Out of \$20.00**

SPONSORSHIPS

This year we will again sell “sponsorships” to local businesses who want to promote their services or to families who want to convey their well wishes to our teams during home meets.

For sponsors donating a minimum of \$100, professional-quality banners will be created. The banners will be 2 x 4 ft., printed in one color (from hi-resolution PDF files provided by the advertiser) on weather-resistant vinyl. We will post the banners during the swim team season in a highly visible place. Hundreds of area families will see these ads during our home meets alone.

Sponsors donating a minimum of \$250, will be recognized at the SILVER LEVEL. In addition to the banner, these sponsors will be featured as full sponsor of our Trivia Night on Aug 28th, and be recognized as a Silver Sponsor on our Web Site.

Sponsors donating a minimum of \$500, will be recognized at the GOLD LEVEL. In addition to the SILVER level benefits, GOLD sponsors will have their banner posted in a premium location at the pool to get greater exposure and they will also be a full sponsor for our Swim Team Garage Sale on June 5th.

All ads purchased by May 27th will be hung by June 8th. For more information on sponsorships, please contact Chris Hester - dmhester@swbell.com or 314-249-0335.

GARAGE SALE HELP

Please take one or more shifts and also please bring neighbors or older children who can help sort and price items. We can use many more than we are asking for, so please do all you can.

- Thurs June 3th 4-7pm – 4 needed
- Fri June 4th 4 -7pm – 8 needed
- Sat June 5th 6am – 10a – 8 needed
- Sat June 4th 10-2p – 8 needed

The 2010 Garage Sale will be at Nancy and Donald Martin's House 1916 Bookbinder

Nancy Martin will be hosting the garage sale and will coordinate all donations and volunteers, 314/434-6045 or clla64@aol.com.

DROP OFF TIMES WILL BE AS FOLLOWS:

Thurs June 3rd 4-7pm
Fri June 4th 8a-7pm

Once again, stuffed animals and older TV's and/or computer displays will NOT be accepted.

Swim Team Parent Work Duties

Each family must complete 3 work duty slots including either meets and/or other chairperson functions as described below, 1 conference work duty (if you child swims at conference) PLUS ONE Fundraising Work Duty.

The swim team cannot operate successfully without parent involvement and we greatly appreciate your support.

Parent Rep – Swim (full work duty)

Beth Huebner, Annette Polzin

- attend League meetings
- meet with past parent reps and Treasurer to determine registration fees and coaches salaries
- update and print team booklet (April-May time frame)
- determine # of work slots per family
- order team suits and set up team photo
- set registration date and hold registration
- coordinate all aspects of team with coach and chairpersons on a regular basis
- confirm official for each home meet (Sunday preceding meet) and pay at end of meet
- greet official at home meets, introduce to appropriate people and
- maintain family file and bring to meets/practices
- submit score sheet to division chair following home meets
- maintain supply box and make purchases as necessary
- check in workers at meets, give name tags and train as necessary
- set scoring table prior to start of meet
- check periodically with all workers during meet to see if running smoothly
- attend conference planning meeting and inform parents of details
- provide materials for conference posters and supervise
- assist with clean-up at all meets

Concessions Buyer (3 work slots)

- purchase all food, soda, meat, and ice for home meet concession stands, arranges for the cook to get the meat
- bring the food to the pool on days of home meets
- ice up soda and bring to pool in coolers
- set up concession stand 30 minutes prior to warm ups
- obtain change to be used at the stand
- set prices to cover cost plus profit of approximately 20%
- oversee the running of the concession stand
- provide water, lemonade, and cups which a concession worker will use to provide drinks for the workers at the meet
- post concession stand prices at the meet
- oversee the closing of the stand
- store supplies until the next home meet

Treasurer (2 work slots)

Ted Campbell

- have your name put on the Old Farm Swim Team account
- attend the annual swim team board meeting to report on yearly finances
- make league payments
- reimburse committee heads for approved expenses
- maintain the swim team checkbook and receipts

Fundraisers (1-3 work slots)

Kris Hester and Nancy Martin

- Meet with parent rep at the beginning of the season to set a financial goal
- Attend Pool Committee meetings as needed to report of status of fund raisers
- Oversee all aspects of the fundraiser

Trophies/Banquet/Coaches' Gifts (2-3 work slots) LuAnn Franzer

- obtain a swim roster from the parent reps and consult with the coaches about high point and other special awards
- choose the swim trophy supplier, choose the trophies and negotiate the best price for them
- order the swim trophies
- pick up the trophies and medals and have them set up and ready to distribute at the awards banquet
- collect money from swim and dive families during our final 2 meets for coach appreciation gifts
- consult with the parent rep and purchase the coaches' gifts
- consult with parent rep and determines how and when the end of the season banquet will be held (pot luck or catered etc.)
- contact the caterer (if you decide to use one) and determine the menu and cost
- inform families of the date, time, and arrangements for the banquet
- collect money for the banquet if it is catered
- order a decorated sheet cake for the banquet
- arrive early for the banquet to assist with set up and organize clean up after it is over

SWIM MEET WORK DUTIES (1 Work Slot each)

Starter Asst.

help starter during the meet
record starter's called finishes and DQ's on the form
hand this form to the runner
arrive 15 minutes prior to start of meet; remain until the end of the meet

Runner

works with runner from the other team to collect heat cards from timers at the end of each race and gives them to the heat card judge at the scoring table arrive 15 minutes prior to start of meet; remain until the end of the meet

Heat Card Judge

works with the heatcard judge from the other team
collects heat cards from the runners
determines 1st, 2nd, 3rd place order
hands the cards to the scorekeeper
arrive 15 minutes prior to start of meet; remain until the end of the meet

Scorekeeper	works with the scorekeeper from the other team records information from the heatcards on the master scoresheet arrive 15 minutes prior to start of meet; remain until the end of the meet
Ribbonwriters	receive placement card from scorekeeper determine 1 st 2 nd or 3 rd placement for each race place the correct label on the appropriate ribbon for each qualifying swimming sort the ribbons by age group arrive 15 minutes prior to start of meet; remain until the end of the meet
Sell concessions	works with 2 other people selling concessions deliver drinks to the above meet workers hourly pack up the concessions at the end of the meet arrive 30 minutes prior to start of meet; remain until the end of the meet
Cook	bar-b-que the hamburgers/hot dogs prior to the meet at the pool. The person in charge of concessions will get the meat to you one day in advance. <u>Must be ready to sell prior to 5pm.</u>
Timers	be 1 of 3 timers for a lane during a meet arrive 15 minutes prior to start of meet; remain until the end of the meet
Bull Pen	Directs swimmers from the bull pen to the blocks arrive 15 minutes prior to start of meet; remain until the end of the meet
Block Worker	Positioned at the starting block for the duration of the meet, this job confirms the correct Old Farm swimmers are at the blocks and are placed in the correct lane and race. arrive 15 minutes prior to start of meet; remain until the end of the meet

Conference workers: All parents who have a child swimming in conference will be asked to work a slot. Signups will take place in July.